

# **Understanding SARS-CoV-2 Airborne Transmission.**

The Role of Exhaled Breath

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**Northumbria  
University**  
NEWCASTLE

# Overview

- **Coronavirus in Breath.**
  - Scientific evidence.
  - Key unknowns.
- **Exhaled Breath Diagnostics.**
  - Opportunities.
  - Challenge.
- **The PBM-xHALE™ approach.**
  - Platform IP.
  - Supporting key data.
- **Clinical progress update.**



# Coronaviruses

- Coronaviridae family:
  - HCoV: SARS, MERS-CoV, SARS-CoV-2.
  - Torovirus (animal diarrhea)
  
- Three groups:
  - 229E: 1960s – common cold to bronchiolitis (NL63)
  - OC43, HKU-1, SARS, MERS: mild to severe.
  - Group 3: avian.
  
- Tropism
  - Respiratory
  - Enteric
  - Central Nervous System
  - Ocular
  
- Animal reservoirs:
  - Cattle, Pigs, Turkeys, Camels, Mice
  - Dogs, Cats, Ferrets, Mink
  - Bats
  - Pangolins (?)
  - Snakes (?)

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# Coronaviruses

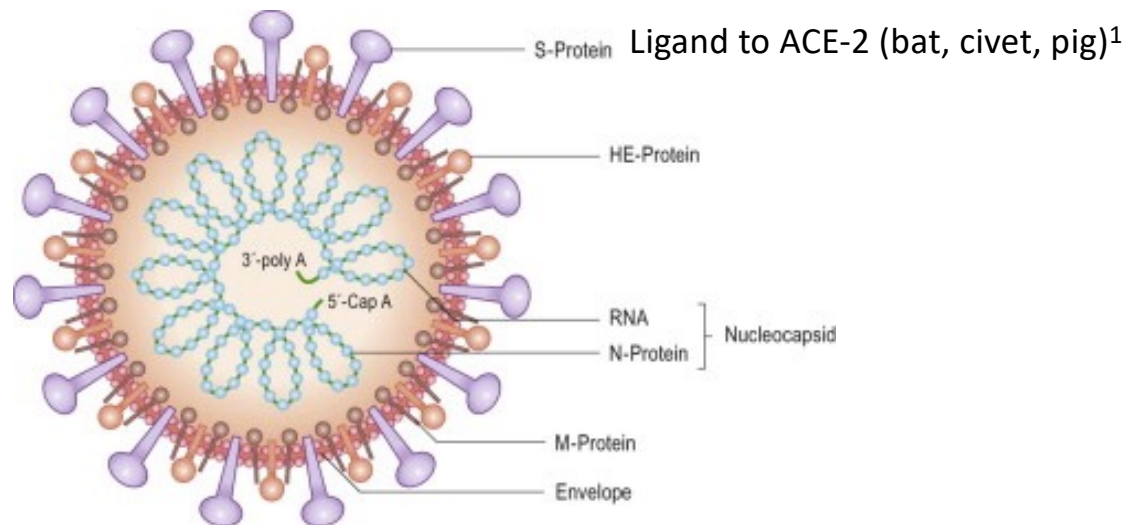
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## ANIMAL RESERVOIRS AND GENETIC RECOMBINATION

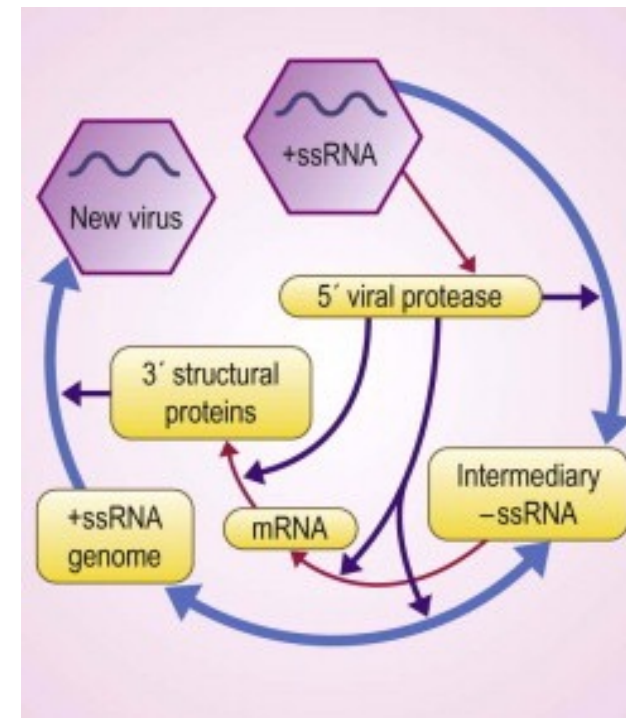
- Colds: Pigs, Dogs, Bats.  
Pneumonias: Pigs, Dogs, Cattle, Mice, Camels, Bats.

SARS-CoV-2: 96% identical to bat CoV

# COVID-19: SARS-CoV-2 Virology



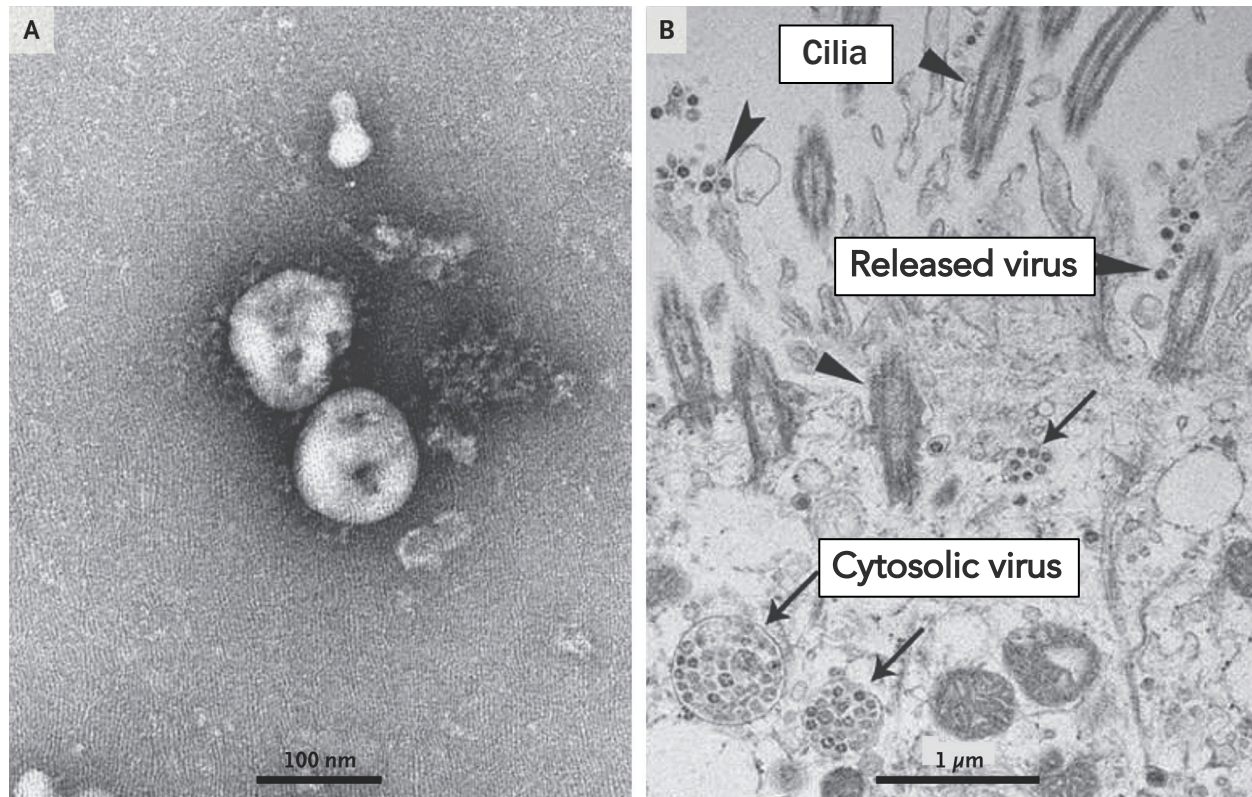
80 × 160 nm diameter, 12–24 nm surface projections (spikes) that cause the corona



30,000 nt +RNA genome

1. Zhu, P. *et al.* Nature, DOI: 10.1038/s41586-020-2012-7.

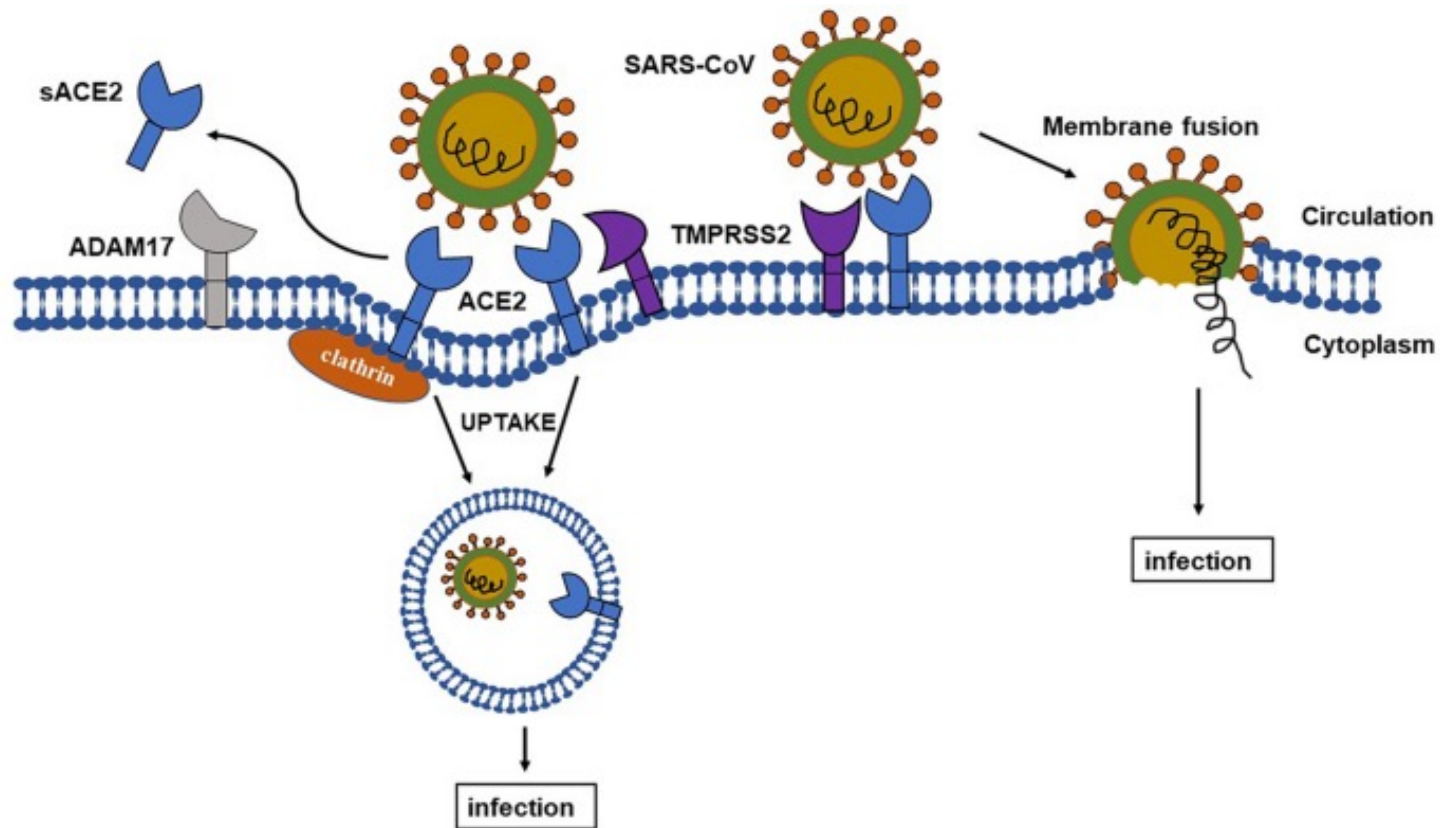
# COVID-19: SARS-CoV-2 Virology



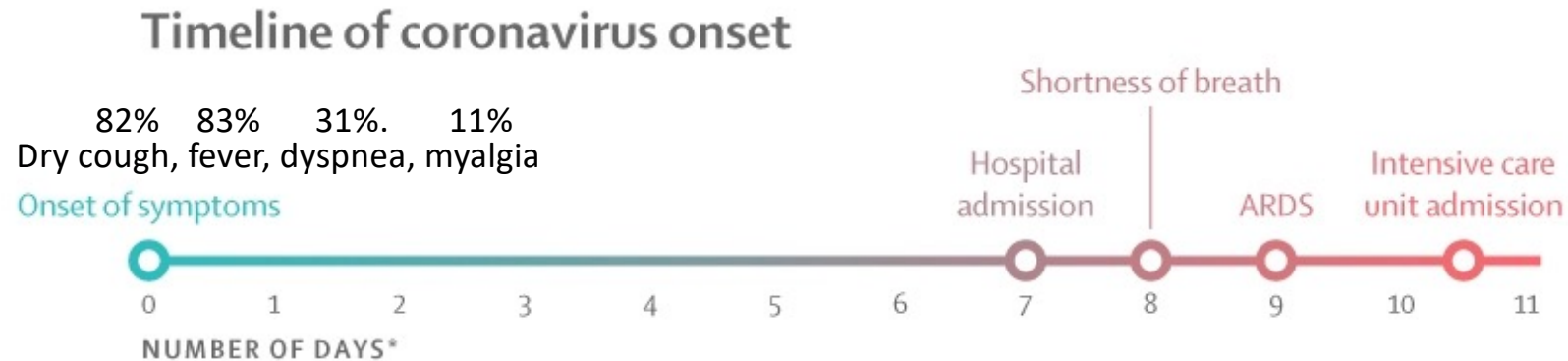
Zhu, N *et al.* 2020 *NEJM*; DOI 10.1056/NEJMoa2001017



# SARS-CoV-2 cell entry



# COVID-19: Clinical Presentation



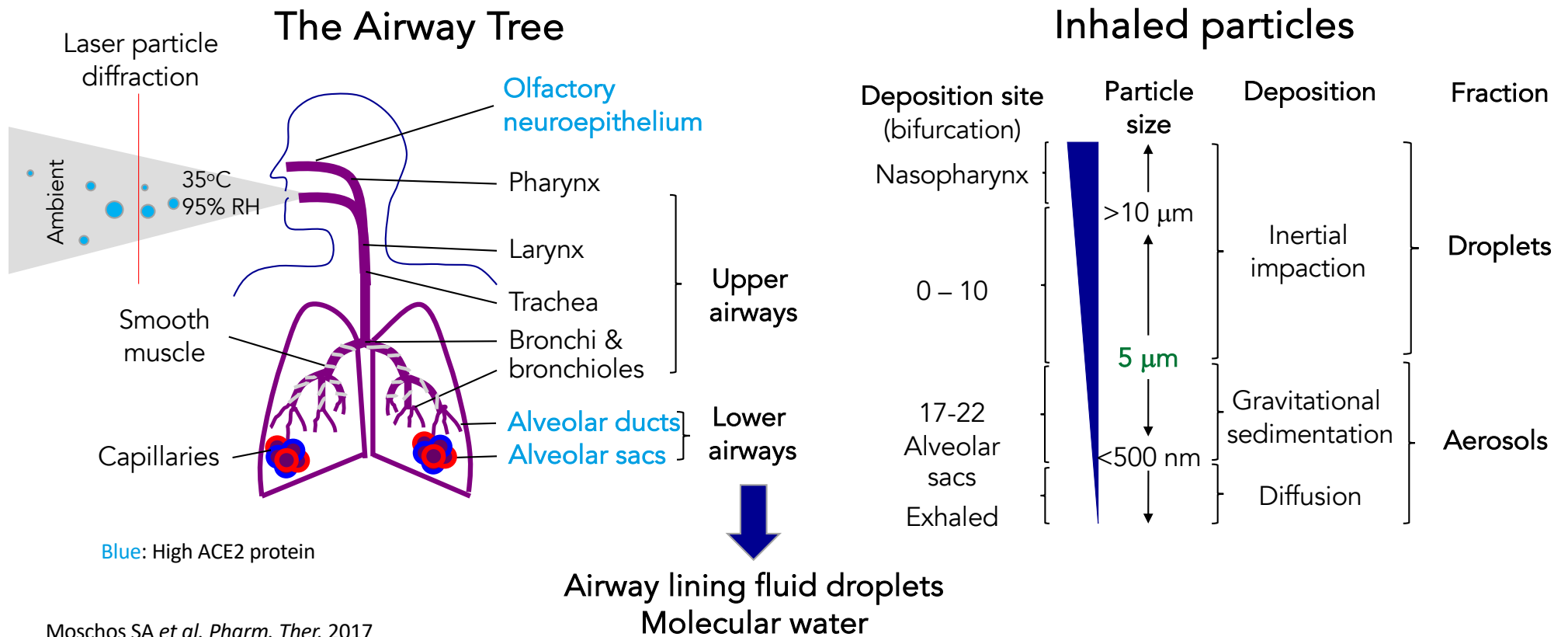
ARDS=Acute respiratory distress syndrome

\*Median time from onset of symptoms, including fever (in 98% of patients), cough (75%), myalgia or fatigue (44%), and others.

THE LANCET

Day to day clinical progression, 1<sup>st</sup> US patient: Holshue, M. *et al.* 2020 *NEJM*; DOI: 10.1056/NEJMoa2001191

# Exhaled breath: origin, content, COVID19.



# Coronavirus 19 (COVID-19) in breath: Confidence in rationale

## Biology

- SARS-CoV-2 binds ACE2 receptor.<sup>1</sup>
- ACE2 protein levels highest in lower lung.<sup>2</sup>
- Aerosols (<5  $\mu\text{m}$ ) best to reach lower lung.<sup>3</sup>

## Pathology

- Disease of the lower lung: respirator need.
- Proposed transmission routes: fomites, droplets (cough, >5  $\mu\text{m}$ ), but:
  - Models & data<sup>4</sup> show transmission without symptoms (no cough!).
  - Aerosol science used in epidemiology out of date.<sup>5</sup>

# Coronavirus 19 (COVID-19) in breath: Confidence in rationale



## Clinical evidence

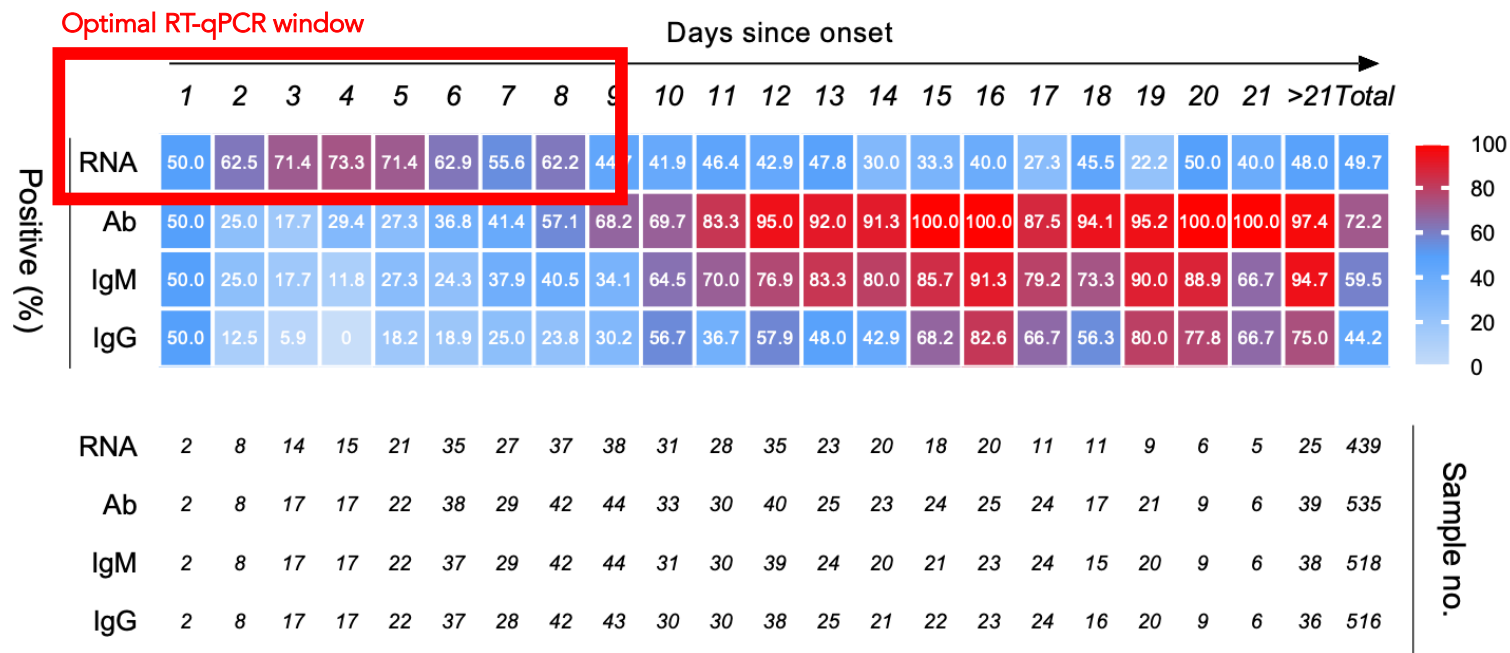
- Transmission occurs up to 1 week before symptoms (peak @ -2.9 days).<sup>1</sup>
- Virus genome levels max in lower lung samples > nose > throat.<sup>2-5</sup>
  - <42% false negative oral swabs.
  - 10-25% false negative nasal swabs.
  - Viable virus levels low in nasal swabs.
  - Nasal detection ~70% days 0-5 from symptoms<sup>6</sup>

## Experimental evidence:

- COVID-19 ward aerosol gel traps –ve, but ceiling air vents +ve:<sup>7</sup> Droplets pulled by gravity, aerosols pulled by air flow.<sup>8</sup>
- Aerosolised virus infectious for 16hrs after mechanical generation.<sup>9, 10</sup>
- *Other coronaviruses can naturally aerosolize (n=3000).*<sup>11</sup>

1. Tindale LC et al. MedRxiv 2020; 2: Winnichakoon P. J Clin Micro 2020; 3: Wu et al Clin Inf Dis 2020; 4: Yang Y. et al. MedRxiv 2020; 5: Ai T. et al. Radiology 2020; 6: Zhao J. et al. Lancet 2020; 7: Ong SWX et al. 2020; 8: Bourouiba L. JAMA 2020. 9: Holbrook MG et al. NEJM 2020; 10. Fears AC et al. MedRxiv 2020; 11. Leung N.H. Nature Med. 2020.

# Coronavirus 19 (COVID-19) in breath: Confidence in rationale



Detection of SARS-CoV-2 in nasal swabs (RNA) or blood (IgX) from symptom onset

# Coronavirus 19 (COVID-19) in breath

## Confidence in rationale

### Our hypothesis

- Disease is a function of amount of virus reaching the lower lung.
- Achieved mainly by breath aerosols or poor immune system.
- Explains close contact transmission chains.

*We need to test breath aerosols for:*

- *The amount of virus present (genomes).*
- *Infectivity (viruses).*

# Diagnosing from Exhaled Breath Condensates (EBC)



Breath is 95% hydrated:

- Volatile compounds (smells, eg garlic, alcohol).
- Vapour & aerosols.
- Biological molecules.

Health and Disease indicators:

- Lung infections.
- Liver diseases.
- Multiple cancers:
  - Blood.
  - Breast.
  - Brain.



# Challenges to clinical use

- Reproducibility.
- Contamination:
  - Saliva.
  - Ambient.
- Sample loss.
- Safety.
- Upper vs deep lung separation.

RTube™



Poor process control

EcoScreen™



Sample lost in black tube  
17Kg + weight

# Current competitors: volatiles

Owlstone Medical (UK).

- Volatile compounds only:  
smells, not diseases/pathogens
- Sorbent tubes (510k FDA).
- No analytics.
- Unsafe for healthcare personnel.

eNose (NL)

Breath Biopsy™



# Current competitors: volatiles

Owlstone Medical (UK)

eNose (NL)

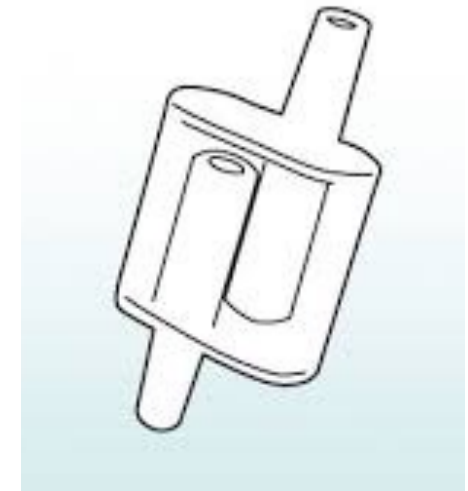
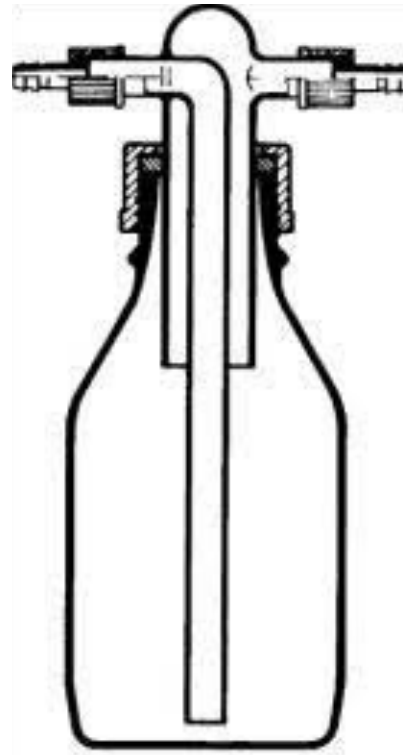
- Volatile compounds only (same issue).
- On-the-fly results.
- No sample.
- Unsafe for healthcare personnel.

eNose™



# A fresh approach

- Boyle's law 1662:  $PV = nRT$ .
- Dreschel bottle: late 1800's
- Focus on **isolating the sample**.
- **Eliminate sample loss**.
- **Separate saliva**.



Alco-pro saliva trap

# A fresh approach

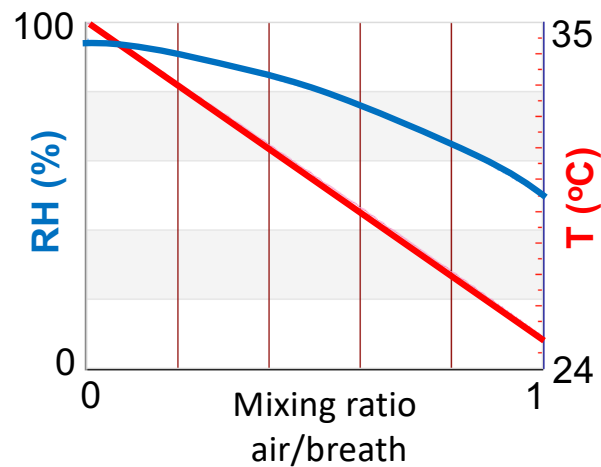
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# EBC: condensation physics

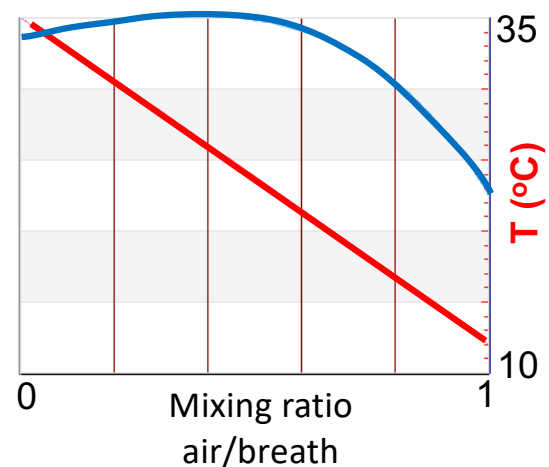
## Ambient conditions

25°C, 50% RH



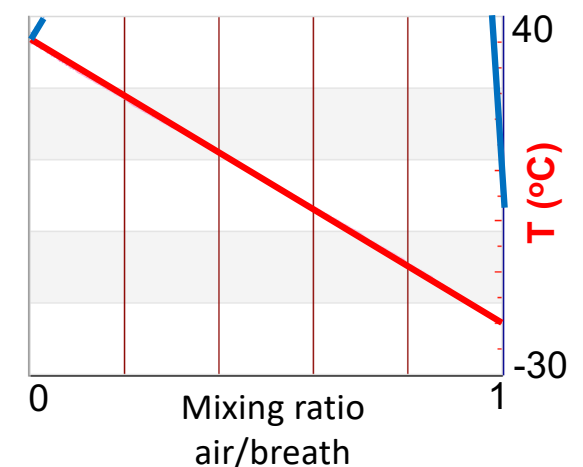
No condensation

12°C, 50% RH



0.19 g/kgr water/air

-20°C, 50% RH

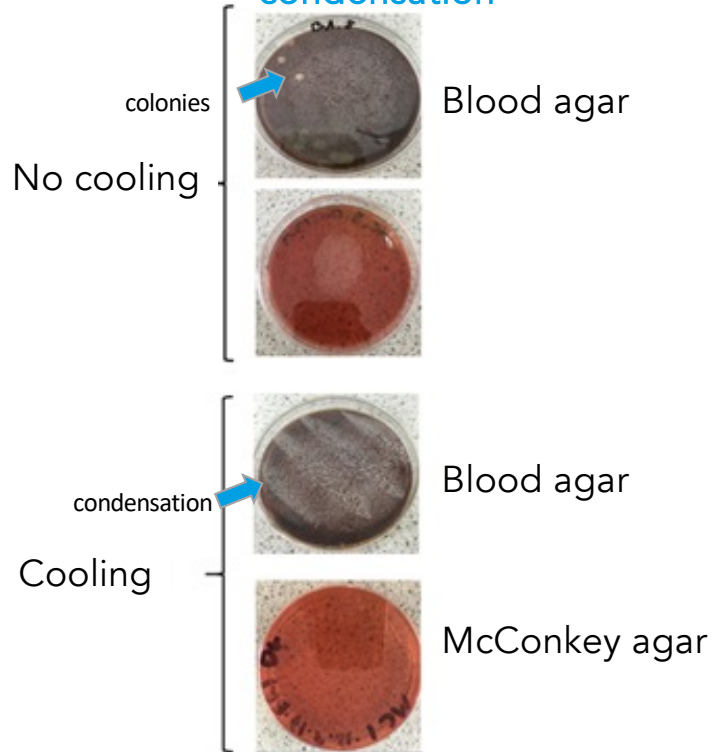


11.1 g/kgr water/air

Dry ice: -100°C condensation yields 22.3g/kg @ 0-100% RH; tidal breath vol ~0.5 L; air density is ~0.13% of water; 1 kg air ~ 2hrs

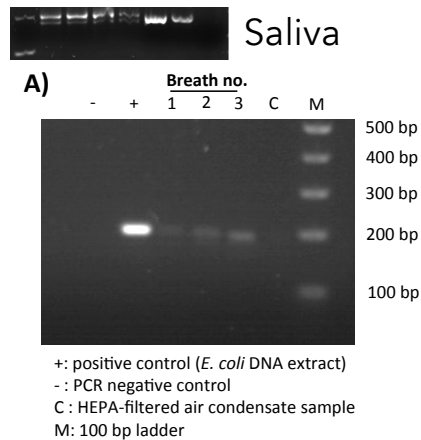
# Preliminary data: pathogen detection

Bacteria & fungi die by dry ice condensation

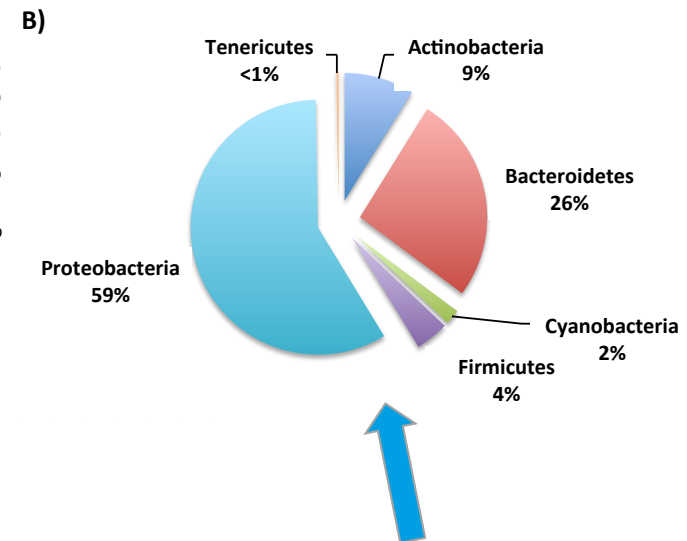
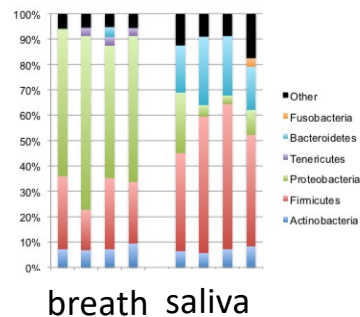


NB: no colonies on plates, white marks are condensation

COVID-19-like test works with 1-3 breaths for bacteria



EBC is distinct to saliva



Closest sample like this comes from lung surgery samples only (60% proteobacteria)  
(Sze MA et al. *Am. J. Resp. Crit. Care Med.* 2012)

# Our focus: unmet need in lung disease

## Asthma in <5-year-old children



*"25% of all children need this"*

*"No way to do this right now"*

*"You could solve our problem"*

Dr. Louise Fleming  
Senior Clinical Lecturer  
National Heart & Lung Institute  
Imperial College

Nov 2019

## Lung infections in elderly



*"Big drawbacks with other methods: CT scans, nasal swabs only for flu"*

*"We take educated guesses"*

*"Expensive treatments with no tests and huge side effects"*

*"Current format is fit for purpose"*

Dr. Wonnie Ryu M.D.  
Assistant Professor  
Pulmonary Critical Care Clinician  
Yale University  
Jul 2019



# Our focus: unmet need in lung disease

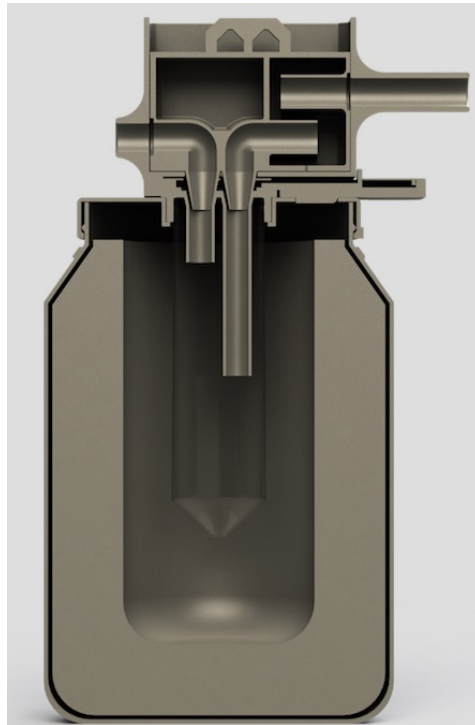
## ➤ 0-5 year old wheeze

- Market size: visits *per annum*
  - UK: 217,000
  - World: 14 million<sup>3</sup>
- 1/3 of all children <3yo<sup>1</sup>
- 75% of paediatric appointments<sup>2</sup>

## ➤ Healthy ageing (Respiratory infections)

- 4.1% of all UK hospital admissions<sup>4</sup>
- 65yo+ market size:
  - 620,000 uses per week
- 12.4 million (UK) above 65 years<sup>5,6</sup>
  - >120,500 cases *per annum*
  - 5% in sheltered housing
  - 75yo+: No. 1 cause

# PBM-HALE™: the platform



## EBC collector:

- Volatiles and
- Proteins.
- DNA.
- RNA.
- Lipids.
- Medications.

## Solves key problems:

- Reproducibility.
- Contamination.
- Sample loss.
- Safety.

## Cold Chain Dependent:

- Uses dry ice powder (CO<sub>2</sub>) to collect sample reliably.
- Dry ice replenished every 1 hr from compressed gas cylinder.
- Sample needs on the spot test or frozen transfer to lab.

WO2017153755A1: exhaled breath collector – granted; WO2019053423A1: cascade impactor array – granted.

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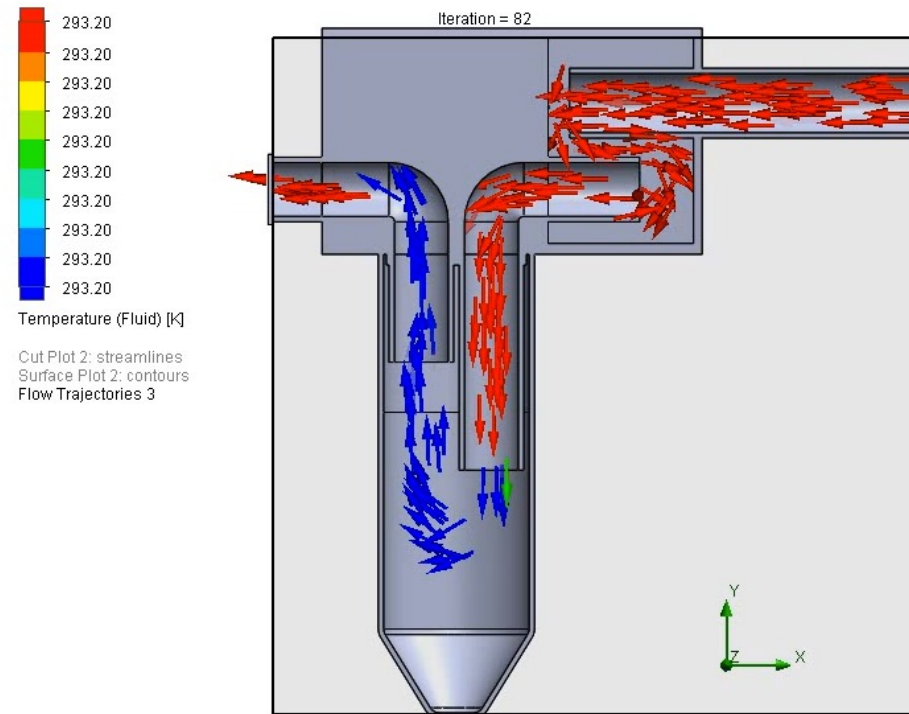
## Path to removing the cold chain:

- Proprietary coating to remove need for dry ice.
- Stabilisation material to remove freezer storage.

Experiments under way

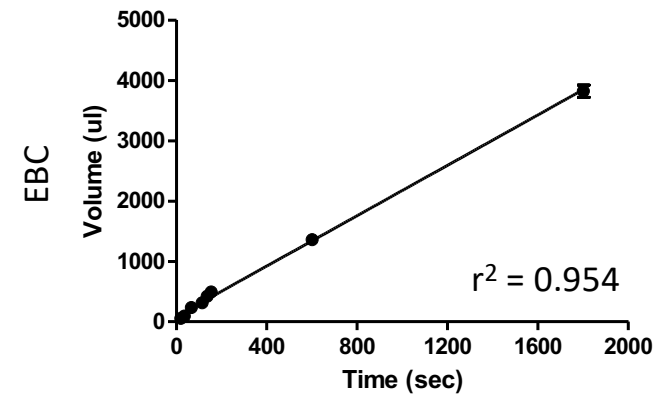
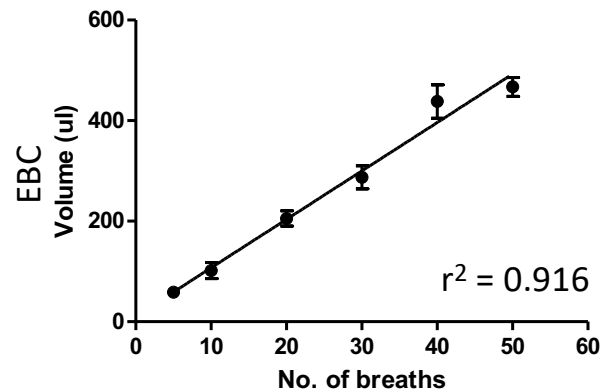
WO2017153755A1: exhaled breath collector – granted; WO2019053423A1: cascade impactor array – granted.

# PBM-HALE™: Computational flow modelling



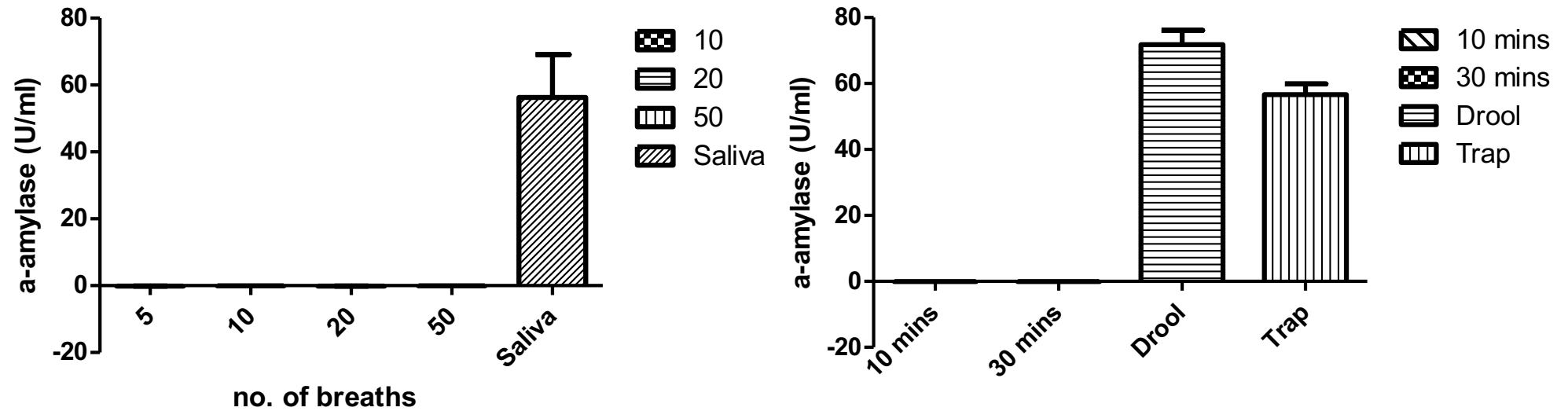
WO2017153755A1: exhaled breath collector – granted; WO2019053423A1: cascade impactor array – granted.

# Prototype: Highly consistent sampling



Whether 5 breaths (25 sec, e.g. screening) or half an hour of sampling (e.g. discovery)  
 $R^2$  range: 0.88 to 0.95,  $n = 5$ .

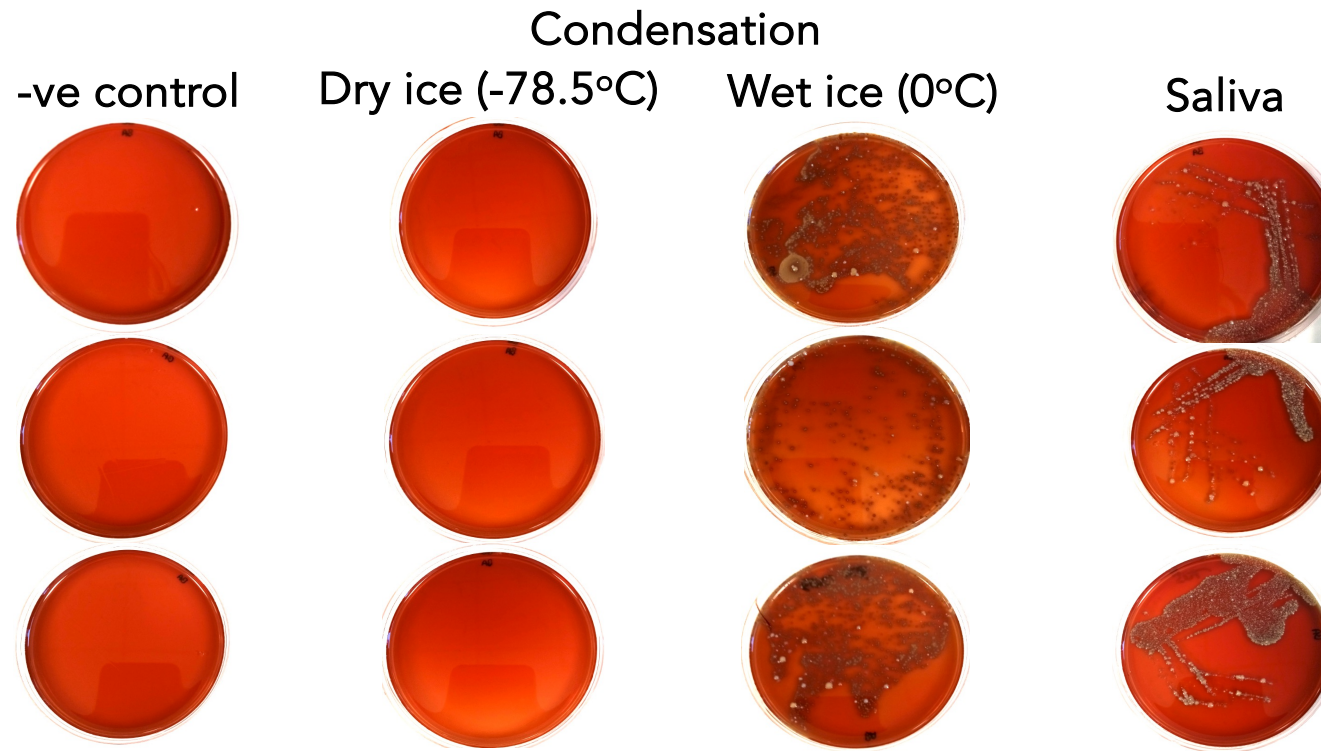
# Prototype: no salivary contamination



Saliva enzyme levels at least 5000x above assay limit of detection

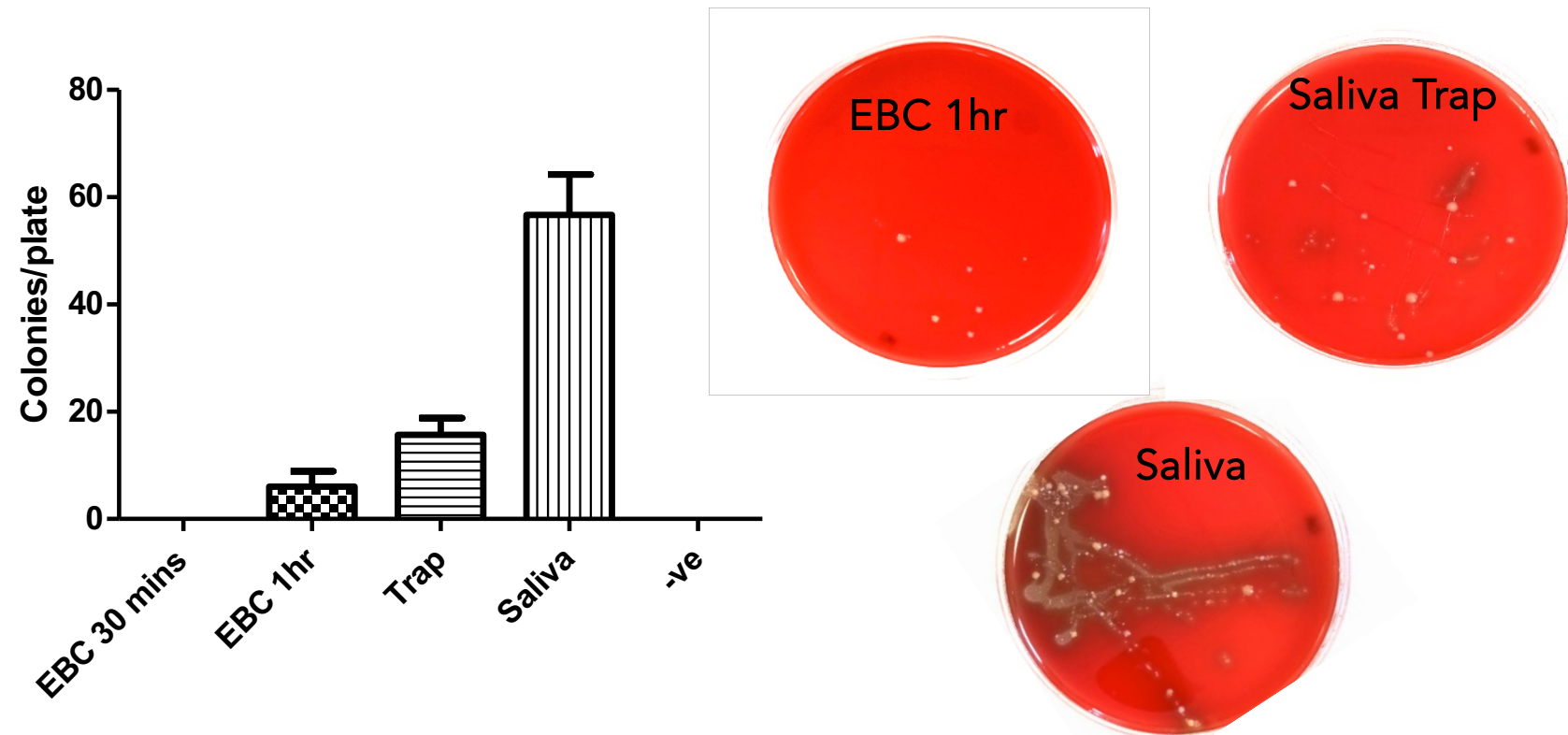
n = 5.

# Prototype: dry ice eliminates viability



2 min sampling period  
n = 5, blood agar

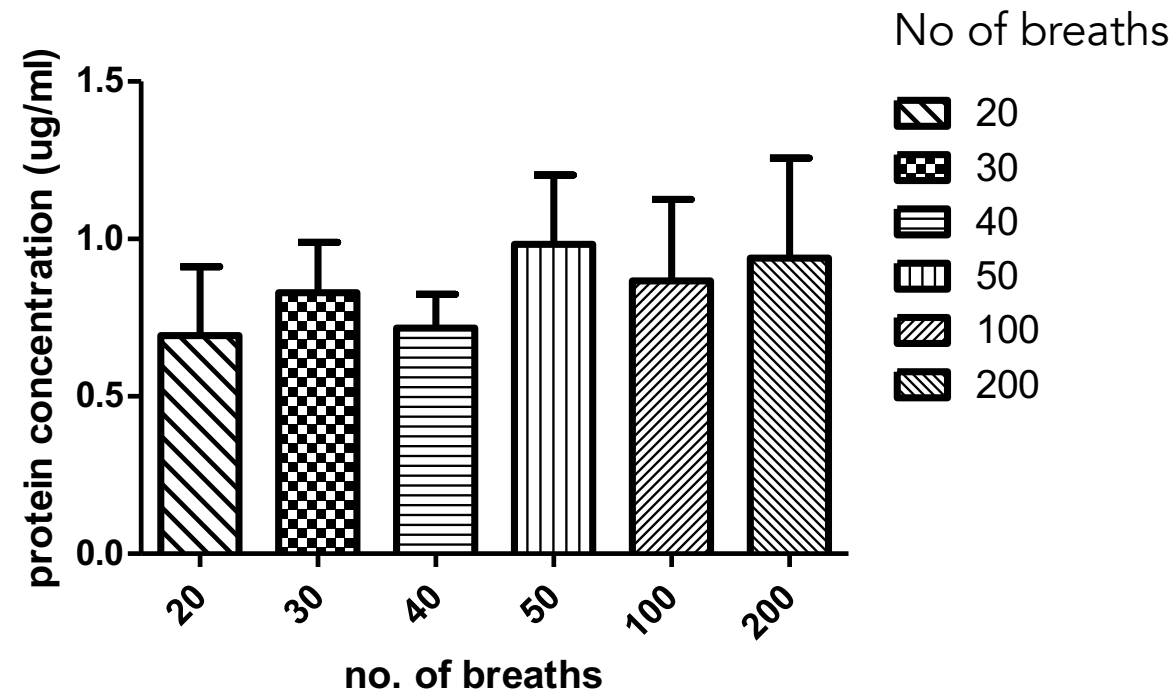
# Prototype: dry ice eliminates viability



Cooling efficiency lost after ~40 min continuous sampling.  
n = 3.



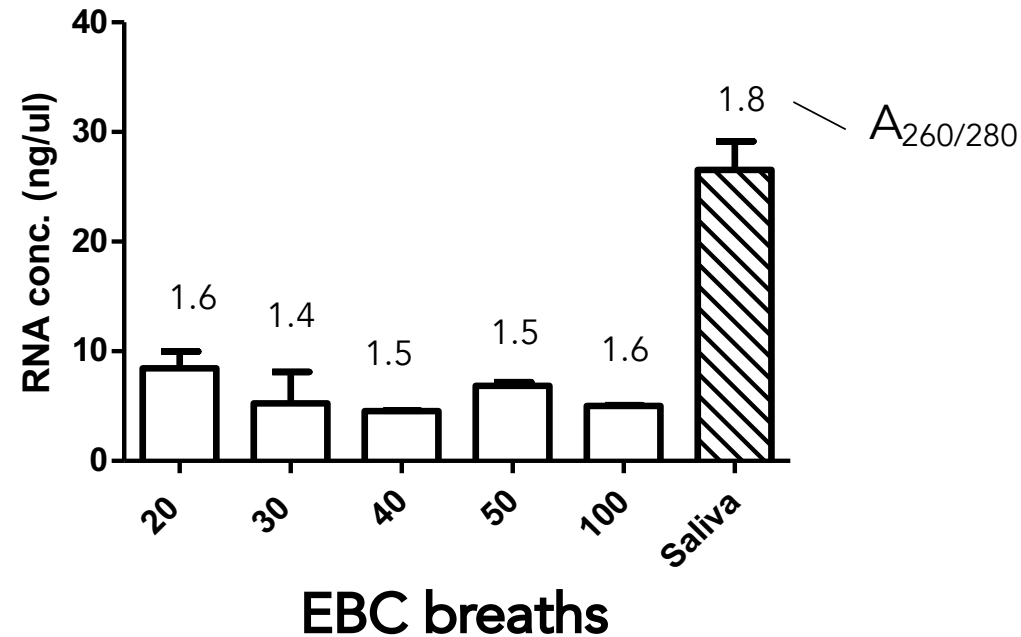
# Prototype: consistent [protein] in EBC



Requires 5x concentration by lyophilization

n=5

# Prototype: consistent [RNA] in EBC

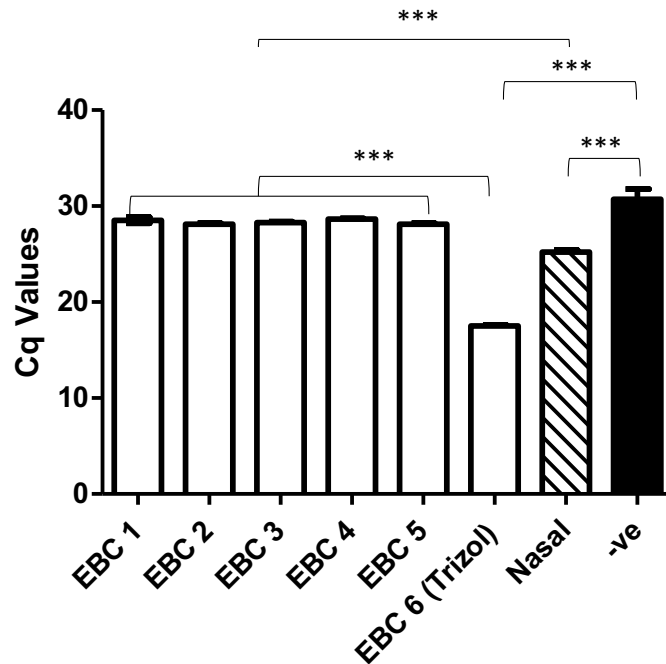


Increased EBC sampling does not increase [RNA].

EBC volume extracted by Trizol matched with volume obtained after 20 breaths.

n=6

# Prototype: 18S in EBC RNA



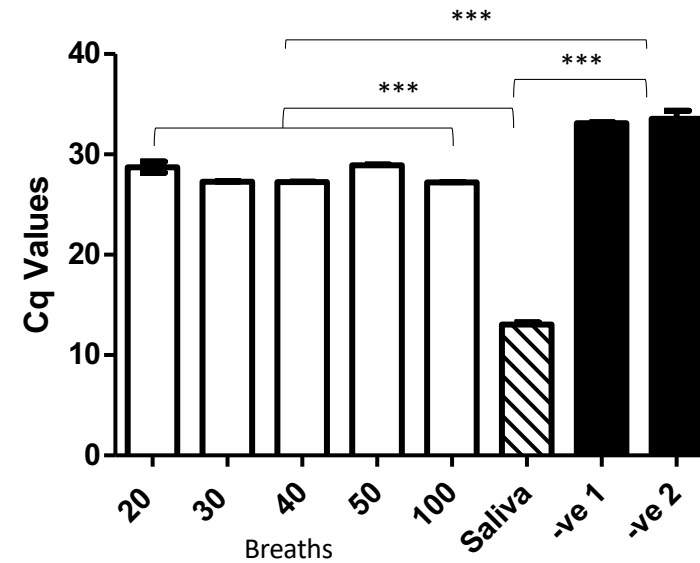
2 step SYBR Gold RT-qPCR (triplicate)

EBC1-5: RNeasy kit 20 breaths

EBC6: Trizol 30 min sample

Nasal = swab.

Data by John Henderson



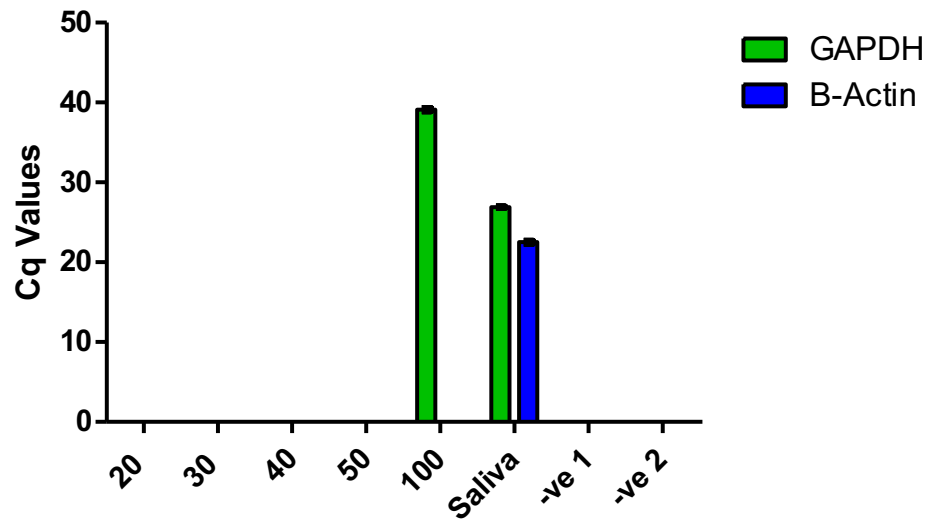
2 step SYBR Gold RT-qPCR (triplicate)

-ve 1: No RT control

-ve 2: no cDNA

EBC volume normalized to 20 breaths

# Prototype: GAPDH & $\beta$ -actin in EBC RNA



**2 step SYBR Gold RT-qPCR (triplicate)**

-ve 1: No RT control

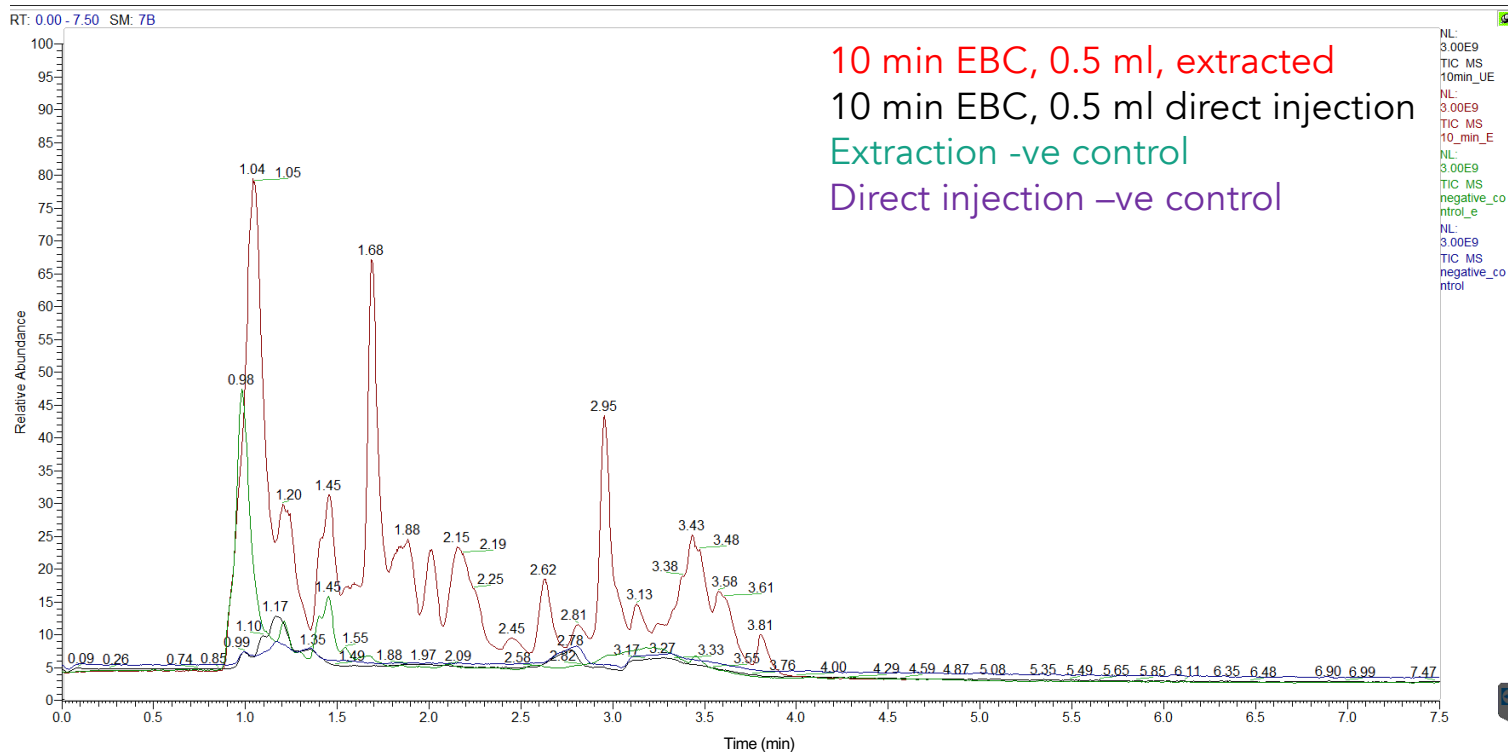
-ve 2: no cDNA

EBC volume normalized to 20 breaths

Either low host [RNA] or 18S all fungal.

n=5

# Prototype: Metabolomics in EBC



Metabolite profile in EBC after 5x concentration by lyophilization  
n=5

Data generated by John Henderson and the Northumbria University Metabolomics Core Service

# Prototype: Metabolomics in EBC

Compound	RMM (g/mol)	RT [min]	Relative ion abundance
1-hexadecyl-glycero-3-phosphate	396.3	1.002	810,094
monoacylglyceride	352.3	1.02	281,866
LysoPA	410.2	1.032	968,316
Palmitoleoylethanolamide	297.3	1.047	187,282
eicosatetraenoate	335.2	1.054	348,544
Linoleamide	279.3	1.061	216,809
Cuscohygrine	224.2	1.067	723,759
N-Decanoylglycine	229.2	1.156	2,612,124
N-Nonanoylglycine	215.2	1.198	1,942,872
cis-3-Hexenyl b-primeveroside	394.2	1.221	160,089
N-Lauroylglycine	257.2	1.923	286,977
N-Undecanoylglycine	243.2	2.072	227,826
phosphatidylethanolamine	837.5	2.388	381,518
Gambogic acid	628.3	2.536	416,778
2-Hexenoylcarnitine	257.2	3.062	994,821
L-argininium	175.1	3.367	502,141
N-Acetylputrescine	130.1	3.519	192,382

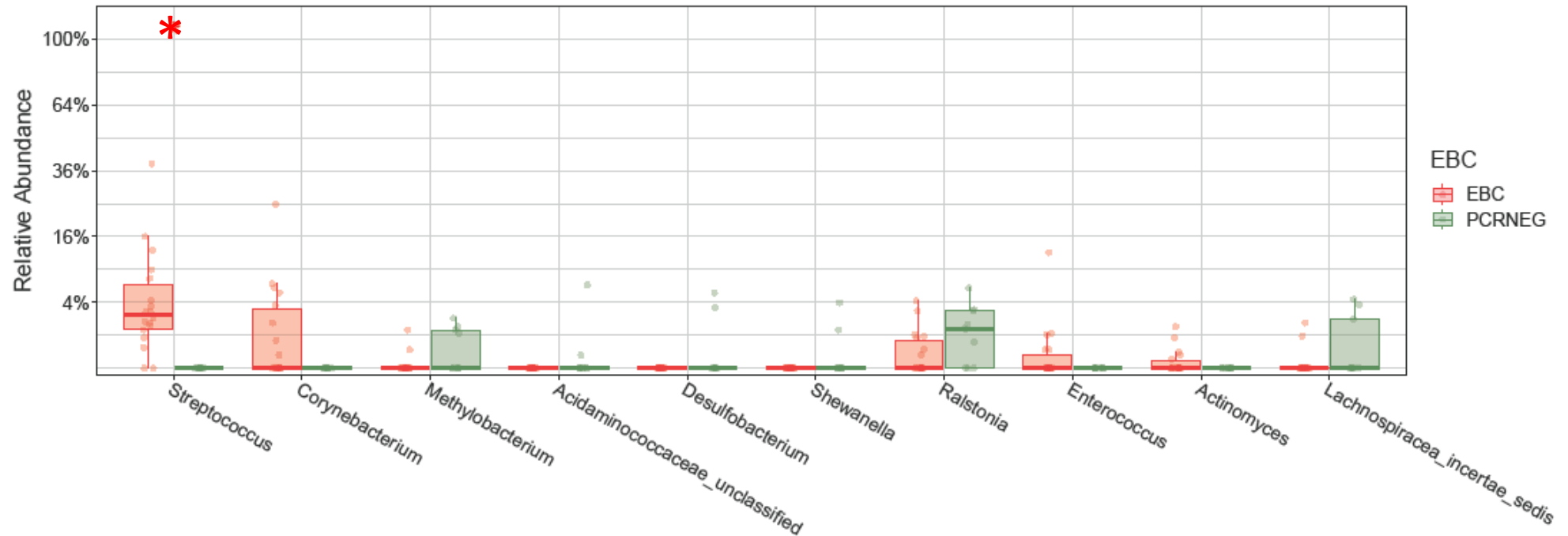
## Compounds detected by MS1:

- C6-C24 fatty acids.
- Phospholipids & precursors.
- Glycans.
- Medications.
- Drugs of abuse.
- Dietary compounds.

## Additionally:

- 20 multiple HDBM hits.
- 104 novel compounds.

# Prototype: 16S microbiomics of EBC

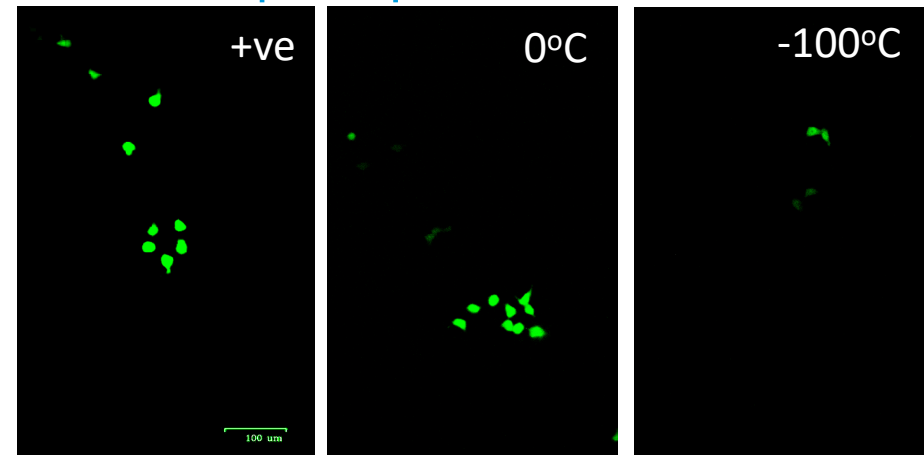
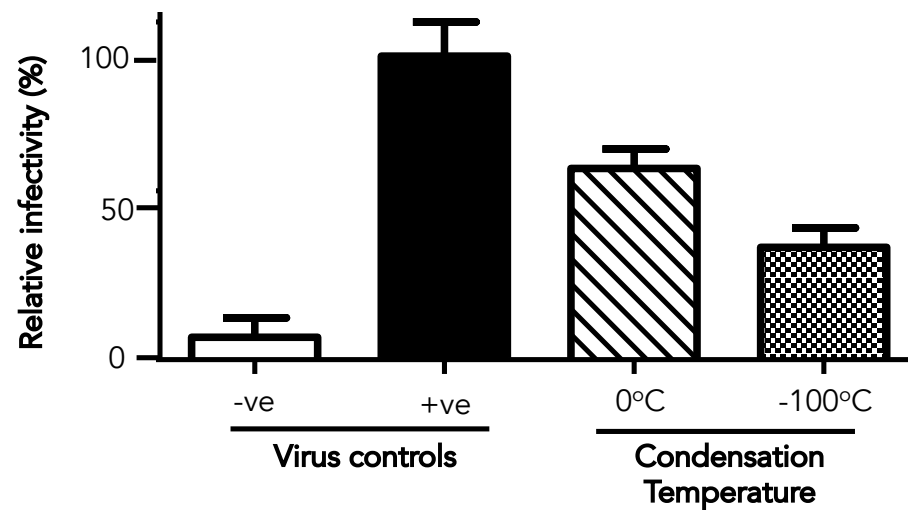


Higher DNA content vs background / kit controls

Detection of *Streptococcus* (FDR  $q = 0.019$ ) w/out extraction.

# Prototype: detection of virus aerosol

Efficient capture of aerosolized virus; dry ice halves infection risk.  
25 infectious virions over 15 min sampling period.



GFP-expressing VSV-pseudotyped lentivirus at MOI 0.01 nebulized using PARI TurboBoy SX and captured using PBM-HALE™. Condensates seeded on 10,000 HEK-293T's and GFP expression measured at 72hrs by FACS, visualized by fluorescent microscopy. Bar = 100 µm.



# External validation: Efficient Aerosolised SARS-CoV-2 Particle Capture

## PariBoy Classic nebuliser:

- Mean droplet diameter 3.5  $\mu\text{m}$
- 67% of mass in  $< 5 \mu\text{m}$
- 5 min sampling

## Particle types:

- Polystyrene beads (118 nm, -71 mV, diH<sub>2</sub>O)
- Neutral liposomes (168 nm, -20 mV, PBS)
- Negative liposomes (188 nm, -72 mV, PBS)
- Lentiviral VLP (MLV; 193 nm, -31 mV, PBS)
- SARS-CoV-2 VLPs (155 nm, -17 V, PBS)



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## Sampling conditions:

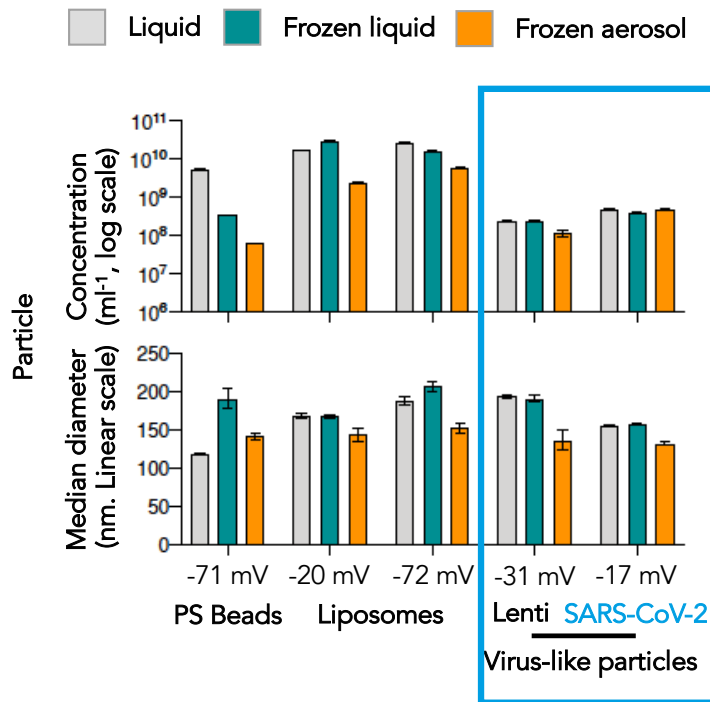
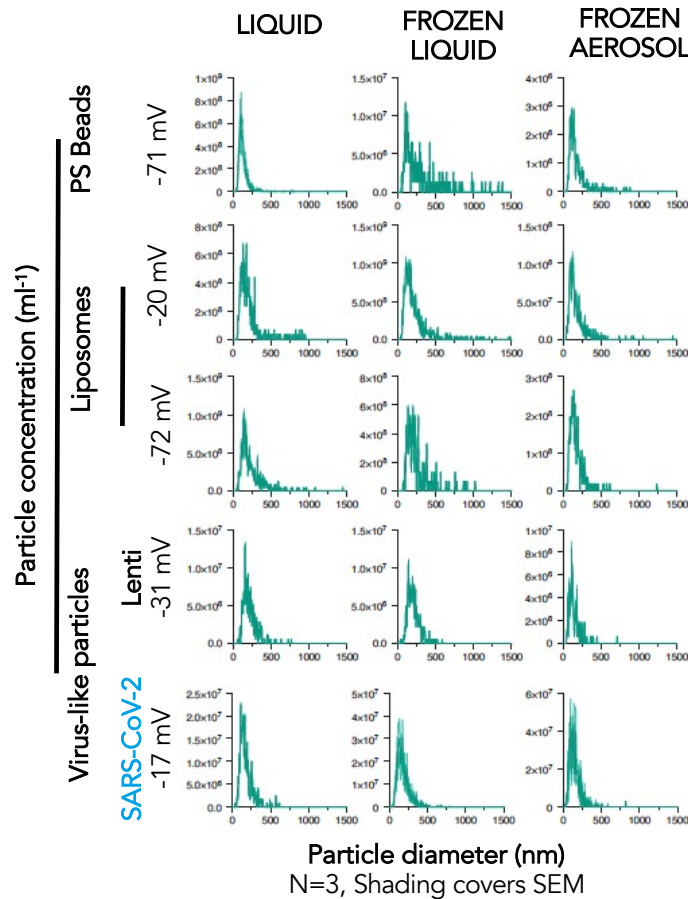
- 5 ml sample
- 5 min nebulization
- ~1.5 ml of dry ice condensate captured

## Sample analysis:

- Particle size and concentration
- Fluorescent Nanoparticle tracking analysis (Malvern; 488 nm FluoSpheres, TopFluor liposomes, YFP, or scatter)
- Unfrozen input, Frozen input, Condensate.

1. Based on fbioe.2020.00862 protocol

# External validation: Efficient Aerosolised SARS-CoV-2 Particle Capture



Virtually no loss of VLP size or structure

Aggregation with highly charged particles:

- Drop in concentration
- Rise in particle size
- Beads and liposomes
- Liposome vs VLP stability?

# COVID19 Exploratory Pilot Study



## Inclusion criteria:

- NP swab positive
- Within days 0-5 of symptoms

## Study size:

- n=60, 98% power, 10% +ve
- Interim data point: n=30

## Samples:

- Tidal breathing
- 30 min
- Aerosol, droplets, NP swab

## Analysis:

- Viral load by RT-PCR
- Viral load by LFT
- Infectious virus

# COVID19 Exploratory Pilot Study



Establishment	Pipeline	Feedback	Testing	COVID-19 Data	
				Returned	Verified
AUT 'AHEPA', Thessaloniki, Greece <sup>1</sup>			X		
UoCUH 'PAGNI', Crete, Greece <sup>2</sup>			X		
EKPA 'Evangelismos', Athens, Greece <sup>3</sup>					
Universidade Federal Mina Gerais, BR					
University of Ulm, Germany <sup>4</sup>					

1. Poor protocol compliance; n=2 samples collected in week 3 patients, <5 min sample, sample not quantified.
2. Inadequate local H&S provisions for HCPs; n=3 samples collected, less than 20% of sample analysed.
3. Ongoing, n=30 interim readout. n=21 collected.
4. In vitro data with nebulised viruses replicate UNN results in full. Local IRB completed. Federal review under way.

As of 2<sup>nd</sup> June 2021

# Emerging COVID-19 Pilot Clinical data.



## NO FALSE POSITIVES:

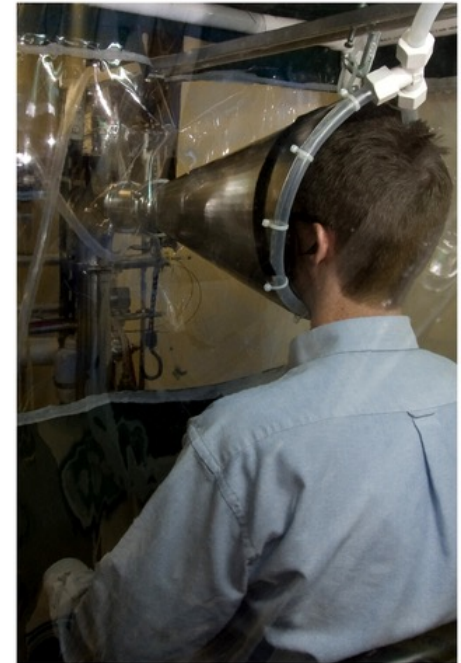
- COVID19 ward testing, unventilated
- COVID19 patients (n=12).
  - Nasal swab negative.
  - Week 2-3 of symptoms, known nasal -ve period.
- Blinded analysis.

## RECRUITMENT CHALLENGE:

- Clinician compliance
- Ventilation & health & safety
- Fear
- Surges = no testing
- Clinic attendance at week 2+
- PHE: "we have n=3, help us"

# 3<sup>rd</sup> party data in the meantime: exhalant is positive for coronaviruses

- Leung *et al.* 2020, 30-40% +ve by fraction, n=17.
- Ryan *et al* 2020: 66-93% +ve R-Tube, test dependent, n=16
- Sammadar *et al* 2021: 23-84% masks +ve days 1-4, n=44.
- Zhou *et al.* 2021, Ma *et al.* 2020: 22-27%, n=9, 52, late in clinical stage
- Feng *et al.* 2021, n=21, all -ve, high dilution.



# Follow up study: Origin of aerosolized virus



## Inclusion criteria:

- NP swab positive
- Within days 0-5 of symptoms

## Study size:

- n=60, 98% power, 10% +ve
- Interim data point: n=30

## Samples:

- 6 breath manoeuvres (speech, shouting, coughing, etc.)
- Aerosol, droplets, NP swab

## Analysis:

- Viral load by RT-PCR
- Viral load by LFT
- Infectious virus



# We believe we can detect SARS-CoV-2 in breath.



- Fast: <1 min sample.
- Simply: just breathe.
- >2x safer: process halves infectivity.
- More reliably: Larger sample than nasal swabs.
  
- For mass screening: by mass production of plastic.
- Where patients are: using *any* point of need testing system.
- With current gold standard tests (Lab RT-PCR, QuRapID<sup>®</sup>1, ID NOW<sup>®</sup>, 5 min LFT/LFD, 4 sec MicroTox BT).

# How do I use it?



1. Device use SOP: <https://youtu.be/h6tLt9u-rWU>
2. Lay explanation of use: [https://youtu.be/TkQEj-KN\\_os](https://youtu.be/TkQEj-KN_os)

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